



# THE CHATFIELD CHATTER



• A Wyndham Homes Active Adult Community •

Wyndham Homes

March / April, 2009

## A Community Fights Back!



Wyndham Homes is teaming up with the residents of Chatfield Farms in the 2009 American Cancer Society Relay for Life in Shelton on June 6th - June 7th.

Please join us as we support this cause by fundraising and walking on the day of the event. We walk in memory of those that

we have lost to cancer, in support of those still fighting, and to celebrate those that have beat it! This is a 24 hour event, although you are not required to stay overnight.

The donations that we receive help fund cancer research and are also used to help the people that are currently fighting this disease by pro-

viding free wigs, transportation to folks who need rides to receive treatment, and much more.

For more information on the Relay for Life visit

[www.relayforlife.org/sheltonct](http://www.relayforlife.org/sheltonct) or contact Julie Miller at 203-723-7366.

We hope you can join us!

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## Homeowner Reference Guide

Some of our newer homeowners have been asking questions such as "where is a good hair salon, where can I get my oil changed, who delivers pizza, etc..."

There is a wealth of knowledge within your community. Your Welcome and Social Committees are

compiling a list of information that we can distribute but we would love your suggestions!

If anyone has any information that they would like to share, you can post it on the Bulletin Board of your community website.

Just visit [www.chatfieldfarmsresidents.net](http://www.chatfieldfarmsresidents.net), then

enter your username and password that have been previously given to you, and post your suggestions.

If anyone needs assistance using the website, or has any questions, please contact Julie Miller at 723-7366.



## THE CHATTER BOX

### Welcome to the Neighborhood!

Please give a warm Chatfield Farms' welcome to your newest neighbors!

Ed & Terry V.	Mirta L.
Ed & Barbara C.	Ed & Jeananne U.
Gottfried & Anna-Maria S.	

### Happy Chatfield Farms Anniversary!

*March:*

*April:*

Dee C.- 2 years!	Bob & Nancy S.- 1 year
Bill & Ann B. - 1 year	Mike & Justine M. - 1 year
Rodger & Marcia A. - 1 year	Tom & Cynthia K. - 1 year

### Wedding Anniversaries / Special Announcements

March 7, 2009:  
Happy 45th wedding anniversary to Bob and Susan S.!



### CALLING ALL COOKS!

Rumor has it that we have many cooks in our community!  
Well here is your chance to show off your favorite recipes in a  
Chatfield Farms Cookbook!

You will be receiving a recipe card in the mail. If you have a  
recipe that you would like to share, simply fill out the card and return it  
to Julie Miller. Once I compile enough recipes, we can get cookin' on our cookbook!



### BEACON FALLS ON THE BIG SCREEN!

If you saw the movie Revolutionary Road, starring Leonardo DeCaprio and Kate Winslet, and thought to yourself “wow, that looks a lot like Beacon Falls”, you were right! Parts of the movie were filmed right here in Beacon Falls. The crew filmed between exits 23 and 24 on Route 8, and also on Lopus Road, just 10 minutes from Chatfield Farms!

Beacon Falls really is the best small town in Connecticut! Even Hollywood noticed the old charm of our town!



## AROUND THE TOWN

### GOLF LESSONS

The Naugatuck Park and Recreation Department will be sponsoring golf lessons during April at Hop Brook Golf Course in Naugatuck.

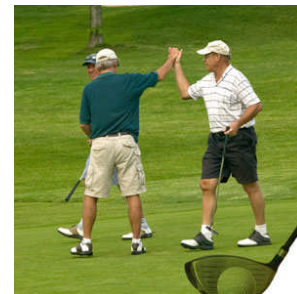
Adult basic lessons are Wednesdays- 4/22, 4/29, 5/6, 5/13  
Time: 6:30-7:30 P.M.

Fee: Adults: \$60.00

Lessons are given by the Connecticut School of Golf's Tom Keslow

To register please call the Park Department at 720-7043 or 720-7044

All classes are weather permitting.



### GRIFFIN HOSPITAL ANNOUNCES UPCOMING HEALTH EMPOWERMENT SERIES

Physicians at Griffin Hospital in Derby will offer their expertise on a variety of topics as the Spring Health Empowerment Series begins. Arthritis and Joint Pain, Complementary or Alternative Medicine and Colon Cancer are among the topics. Sessions begin on March 17th .

The Health Empowerment Series is designed to encourage attendees to be active participants in their health and to educate them on some of the latest treatments and procedures being used at Griffin Hospital. For more information on these free sessions, please contact Julie Miller at 723-7366 or via e-mail at Julie@wyndahmhomes.com

### SCRABBLE CHALLENGE 2009

Date: Thursday, March 26th

Time: 6:00 p.m.

Place: St. Michael's Church Lyceum  
25 Maple Avenue, Beacon Falls



Space is limited to the first 15 teams. Register by 3/17/09.

Registration forms available at library or [www.bflib.org](http://www.bflib.org). Call 203-729-1441 with any questions.

# UPCOMING EVENTS

## *TASTE OF THE TOWN COMMUNITY DINNERS*

**March:**     **Rose’s Restaurant**  
                  **Route 67, Oxford**



Monday, March 16th @ 6:00 p.m.

\$14 per person (cash only)

Antipasto, Pizza, Beer & Soda

Please RSVP by March 13th to Jackie C.

**April:**     **San Marino Ristorante**  
                  **111 Thomaston Ave, Wtby**



Monday, April 20th @ 6:00 p.m.

Your choice of entrée :

Chicken Parmigiana \$25;     Grilled Pork Chop \$26;

Stuffed Filet of Sole \$27;     Grilled NY Sirloin \$32

All entrees include antipasto salad, penne w/ house sauce, baked potato and vegetable, dessert and coffee or tea

Please RSVP by April 13th to Jackie C.

*From time to time, I e-mail updates on upcoming events and club information. Anyone wishing to be added to my list (if you are not already), please contact Julie Miller at 203-723-7366 or via e-mail at [julie@wyndhamhomes.com](mailto:julie@wyndhamhomes.com).*



# UPCOMING EVENTS



A private bus will pick you up at Chatfield Farms on...

**SATURDAY, MAY 16th**

Price includes transportation, free buffet certificate and \$10 free bet!

Please RSVP to Julie Miller by **March 30th** by calling 723-7366 or via e-mail at [Julie@wyndhamhomes.com](mailto:Julie@wyndhamhomes.com)



VS.



Friday, August 28th @ 7:05 p.m.

Location: Fenway Park of course!

**First Come First Serve! Limited number of seats available!**

Contact Julie Miller at 723-7366 or [Julie@wyndhamhomes.com](mailto:Julie@wyndhamhomes.com) by **MARCH 25TH**  
for tickets and additional info.

## INSIDE SCOOP ON THE CLUBS

### Book Club

If you enjoy reading and have ever wanted to discuss a good book, then you will love our Book Club! The Club meets once a month to discuss the Book of the Month. The club reads a variety of books, both fiction and non-fiction. Each month, a club member offers to host the meeting in their home. Be sure to check your community website each month or contact Rosanne for details of the next meeting!

### Ladies Coffee Talk

Join your new friends and neighbors in the Cambridge lower level to get together for coffee or tea, play a game of cards, meet up for a movie, or just catch up!

Mondays at 2:30 pm  
& Fridays at 11:30 am.



### 7-Up Club

All are welcome to the weekly Thursday night neighborhood "get together". Bring your own beverage and snack. Be sure to check your community website for details of the next meeting date and location!

Anyone wishing to host a night can contact Julie Miller at 723-7366 or via e-mail at Julie@wyndhamhomes.com.

### Exercise Club

Low Impact Aerobics and Yoga are great ways to burn calories without stressful damage to joints. Yoga helps you gain focus and build agility for your daily activities.

Join your neighbors in the Brookfield lower level for Yoga every Monday at 1:30 pm, & low impact aerobics every Friday morning at 10:30 am.

Contact Marcia A. with any questions.

### Chatfield Fit Club

The Fit Club meets every Saturday morning at 10:00 a.m. in the Cambridge Model. A weekly weigh in is optional. Exchange healthy recipes, meet for a walk, and attend trips to Griffin Hospital in Derby for healthy cooking classes and seminars on many interesting topics.

Contact Ann B. or Nancy S. with any questions.

*Do you have an interest or hobby that you would like to share with others? Perhaps form a Bridge Club or Billiard Club? If so, club application forms can now be obtained from Julie Miller .*

# March 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Yoga 1:30 Coffee Talk 2:30	3	4 <i>Social Committee Meeting 3:00 (members only)</i>	5 7-Up Club 7:00 pm	6 Low Impact Aerobics 10:30 Coffee Talk 11:30	7
8 Fit Club 1:00 p.m. (walk)	9 Yoga 1:30 Coffee Talk 2:30 <b>Book Club 7 pm</b>	10	11	12 7-Up Club 7:00 pm	13 Low Impact Aerobics 10:30 Coffee Talk 11:30	14 Fit Club 10:00 a.m.
15	16 Yoga 1:30 Coffee Talk 2:30	17	18	19 7-Up Club 7:00 pm	20 Low Impact Aerobics 10:30 Coffee Talk 11:30	21 Fit Club 10:00 a.m.
22	23 Yoga 1:30 Coffee Talk 2:30 <b>Taste of the Town 6 pm</b>	24	25	26 7-Up Club 7:00 pm	27 Low Impact Aerobics 10:30 Coffee Talk 11:30	28 Fit Club 10:00 a.m.
29	30 Yoga 1:30 Coffee Talk 2:30	31				

# April 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Social Committee Meeting 3:00 (members only)</i>	2 7-Up Club 7:00 pm	3 Low Impact Aerobics 10:30	4 Fit Club 10:00 a.m.
5	6 Yoga 1:30 Coffee Talk 2:30	7	8	9 7-Up Club 7:00 pm	10 Low Impact Aerobics 10:30	11 Fit Club 10:00 a.m.
12	13 Yoga 1:30 Coffee Talk 2:30	14	15	16 7-Up Club 7:00 pm	17 Low Impact Aerobics 10:30	18 Fit Club 10:00 a.m.
19	20 Yoga 1:30 Coffee Talk 2:30 <b>Taste of the Town 6 pm</b>	21	22	23 7-Up Club 7:00 pm	24 Low Impact Aerobics 10:30 Coffee Talk 11:30	25 Fit Club 10:00 a.m.
26	27 Yoga 1:30 Coffee Talk 2:30	28	29	30 7-Up Club 7:00 pm		



# COOKS CORNER



## Chocolate Bird Nests

Nancie - Fieldstone Lane

1 cup (dark) chocolate (melt 1 minute in microwave)

2 cups Fiber One Cereal

1/4 cup raisins

1/2 cup marshmallows

Mix all ingredients together, drop by spoonful on tray and put in freezer for 5 minutes



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*Chatfield Farms Sales Center  
One Chatfield Drive  
Beacon Falls, CT 06403*